



Stage Intro

Welcome, everyone! Today we have a speaker who knows that while people may be complex, they don't have to be confusing.

Dr. Sherene McHenry has spent her entire career studying what makes people and relationships work – and what makes them fail. As a leadership, burnout, and mental health speaker, she's helped transform organizations on three continents with her practical, powerful insights delivered with humor and heart.

She's a former graduate professor with a Ph.D. in Counseling, a Certified Speaking Professional, and the author of multiple books including "Navigate: Understanding the Five Types of People."

Today, she'll share game-changing strategies you can implement immediately to create healthier, more productive workplaces.

Please join me in welcoming The People IQ Expert®... Dr. Sherene McHenry!



Speaker Technical Requirements

Audio-Visual Setup

- ✔ Wireless lavalier microphone required for audiences exceeding 25 people
- ✔ Confidence monitor and countdown clock preferred
- ✔ Clear stage area essential for movement and audience engagement
 - Podium should not be placed center stage
 - Any furniture must be at least 6 feet from stage front
- ✔ Single presentation screen positioned either:
 - Off to one side of stage, or
 - Well above stage level
 - Not center stage, to maintain presenter as focal point

Presentation Materials

- ✔ PowerPoint slides will be provided 48 hours before event
- ✔ Slides must be loaded and tested prior to arrival
- ✔ Original slide formatting must be maintained (no template conversion)
- ✔ Presentation outline available on event day if needed for certification

Setup and Testing

- ✔ Required AV check before presentation
 - Must be conducted without audience present
 - Alternative timing can be arranged if needed
- ✔ For recordings: Additional time needed for sound testing and verification

Accommodation

- ✔ Night-before arrival required
- ✔ Hotel requirements:
 - Non-smoking room
 - High floor
 - Guaranteed late checkout
 - Location either at venue or closer to airport

Photography and Recording

- ✔ Flash photography permitted before presentation only
- ✔ Non-flash photos allowed during presentation
- ✔ Speaker reserves right to photograph session for promotional use
- ✔ Recording and distribution rights must be explicitly agreed upon in advance

For questions or clarifications, please email sherene@sherenemchenry.com or call 989.621.3763.



Short Biography

Leadership, burnout, and mental health speaker Dr. Sherene McHenry transforms workplaces through powerful, practical insights. The People IQ Expert® combines her Ph.D. in Counseling with engaging humor to deliver game-changing strategies. Her promise: "Give me an hour, and I'll give you skills that will work a lifetime."

Medium Biography

Leadership, burnout, and mental health speaker Dr. Sherene McHenry helps organizations create resilient, high-performing teams. Known as The People IQ Expert®, she brings her Ph.D. in Counseling and 18 ½ years as a graduate professor to the stage with humor and practical strategies that audiences can use immediately.

A Certified Speaking Professional and author of *Navigate: Understanding the Five Types of People*, Dr. McHenry has inspired audiences on three continents. Her dynamic presentations transform workplace relationships through evidence-based strategies and engaging stories.

Dr. McHenry knows firsthand that while people may be complex, they don't have to be confusing. Every presentation delivers at least three life-changing tools audiences can implement that day. Whether addressing leadership challenges, preventing burnout, or strengthening individual and workplace mental health, she empowers leaders, teams, and organizations to flourish.



Long Biography

Leadership, burnout, and mental health speaker Dr. Sherene McHenry transforms organizations through powerful, practical strategies. Known as The People IQ Expert®, she combines humor with evidence-based insights to help teams and leaders thrive in today's challenging business environment.

Born for the stage and armed with a teacher's heart from 18 ½ years as a graduate professor, Dr. McHenry brings her Ph.D. in Counseling and decades of experience to every presentation. She's lived through toxic workplaces and dysfunctional relationships, emerging with hard-won wisdom about what does and doesn't work.

This combination of academic expertise and real-world experience allows her to address tough topics with both authority and empathy. A Certified Speaking Professional (CSP) and Licensed Professional Counselor (LPC), Dr. McHenry has spoken on three continents.

She's authored several influential books, including *Navigate: Understanding the Five Types of People* and *Pick: Choose to Create A Life You Love*. Her syndicated magazine column on workplace relationships reached professionals worldwide, and she's served as president of the Michigan National Speakers Association.

Every presentation delivers at least three life-changing strategies audiences can implement immediately. Her motto, "Give me an hour, and I'll give you skills that will work a lifetime," isn't just a promise – it's a proven outcome. By emboldening audiences to address what needs to be addressed, she helps leaders, teams, and organizations flourish.

Dr. McHenry holds a Bachelor of Business Administration from Wingate University, a Master of Education from The University of South Carolina, and a Ph.D. in Counselor Education from the University of Wyoming.

Whether speaking to corporate teams, healthcare professionals, or industry associations, she consistently delivers the perfect blend of evidence-based insights and practical applications that transform workplace relationships and drive organizational success.